



## Nourishing Change: Cuso International looking for skilled volunteers for new nutrition work



You can put your nutrition knowledge and skills in Zambia, Malawi, Mozambique, Ethiopia and Tanzania with Cuso International.

Cuso International is partnering with CARE Canada to support nutrition programs in four African countries and we need skilled volunteers to work with us on these exciting new projects.

Nutrition forms the foundation of a healthy and productive person and healthy and productive communities and countries. Without adequate nutrition, children's immune systems are weak, adolescents can't learn productively and adult productivity is lost. It's estimated that up to 11% of the world's GDP is lost to malnutrition.

Through our work with CARE Canada and other partners, we are working to provide better nutrition programs to women and children in Ethiopia, Malawi, Mozambique and Zambia. And we're looking for skilled volunteers to do this with us.

### About Cuso International

Cuso International is a non-profit international development organization that works to improve the lives of people living with poverty and inequality around the globe. Each year we mobilize hundreds of volunteer professionals who work with local partners to create positive lasting change. Established in 1961, Cuso International is a registered charity in Canada and the United States.

### Cuso International covers the following costs:

- Return airfare and visa/permit costs
- Accommodation while in country
- A modest living allowance while overseas
- Modest support for accompanying partners and dependents going on placement with you for 12 months or longer
- The cost of required vaccinations, antimalarial medication and health insurance
- Access to Employee Assistance Program during your placement and when you return
- Travel and accommodation for the five-day pre-departure training course and in-country training orientation and again for a reintegration debriefing weekend after you return.

### Growing Nutrition for Mothers and Children (GROW): Ethiopia

As a GROW volunteer, you'll be working with local partners on projects such as monitoring malnutrition rates; establishing household and school gardens; developing and managing nutrition policies and programs; and improving community water sources.

**Ethiopia:**

[Environmental Health & Nutrition Advisor](#)

[Maternal And Child Nutrition Advisor](#)

[Nutrition & Gender Advisor](#)

**Southern African Nutrition Initiative (SANI): Malawi, Mozambique, Zambia**

As a SANI volunteer, you will support local partners as they improve knowledge about water, sanitation and hygiene issues; share knowledge about the benefits of optimal breastfeeding; and work with communities on dietary diversity.

**Zambia**

[Water, Sanitation And Hygiene Advisor](#)

**Mozambique**

[Social & Behaviour Change Advisor](#)

**Malawi**

[Nutrition Policy Advisor](#)

**Volunteers for International Cooperation and Empowerment Program**

As Cuso International's primary international program, VOICE will improve the economic and social well-being of poor and marginalized communities in targeted countries. VOICE contributes to Canada's commitment to promoting sustainable economic growth, access to health services, and gender equality and social inclusion around the globe. The five-year program is made possible by a generous \$65 million contribution from the Government of Canada through the Department of Foreign Affairs, Trade and Development (DFATD).

**Tanzania**

[Dietician Advisor](#)

If there's anything we can do to answer your questions, please contact [Lorraine Monteiro](#)

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