



CANADIAN  
PUBLIC HEALTH  
ASSOCIATION

The Voice of Public Health

# POT AND DRIVING

## 10 questions for teenagers

You'll never hear pilots announce to passengers that they're smoking a joint before take-off so they can relax and enjoy the flight. If it doesn't make sense here, why would it make sense when you drive?

- 1 **GETTING INTO IT:** If you were a passenger in a commercial jet, would you be comfortable if your pilots got high before take-off so they could really 'get into' flying the plane?
- 2 **PLAY:** If driving high is like playing a video game, what happens when you make a wrong move?
- 3 **REACT:** If driving high slows down your reaction time, what will happen if a car suddenly swerves into your lane?
- 4 **DRIFT:** If your mind drifts when you drive high, will you be prepared for something that needs your full attention?
- 5 **COMPENSATE:** Will someone always be able to compensate if they drive high?
- 6 **STRENGTH:** How strong is your pot?
- 7 **MIXING:** What happens if you mix pot with alcohol or other drugs?
- 8 **OFF-ROAD:** Is it safe to drive high off-road?
- 9 **PASSENGER:** If you think your driver is high, can you choose not to get in?
- 10 **FRIENDSHIP:** If your friends drive high, do you have to?