

SELF-ASSESSMENT TOOL FOR STBBIS AND STIGMA

Below is a list of concepts about people who have different types of sexually transmitted and blood-borne infections (STBBIs). You may share some of these concepts wholeheartedly, while others you may agree or disagree with to varying degrees. Answer the questions for each type of STBBI as honestly as possible. This self-reflection exercise can help you identify your own attitudes, values and beliefs related to STBBIs.

	1	2	3	4	5	6
Strongly Disagree			Somewhat Disagree	Somewhat Agree	Agree	Strongly Agree

	Hepatitis C						HIV						Other viral STIs: e.g., genital herpes, human papillomavirus (HPV)						Bacterial STIs: e.g., chlamydia, gonorrhoea, syphilis					
1. I believe most clients with _____ acquired the virus through risky behaviour.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
2. I think clients with _____ have engaged in risky activities despite knowing these risks.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
3. I believe I have the right to refuse to work with clients with _____ for the safety of other clients.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6

	Hepatitis C						HIV						Other viral STIs: e.g., genital herpes, human papillomavirus (HPV)						Bacterial STIs: e.g., chlamydia, gonorrhoea, syphilis					
4. I think people would not get _____ if they had sex with fewer people.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
5. Clients with _____ present a threat to my health.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
6. Clients with _____ present a threat to the health of other clients.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
7. I believe I have the right to refuse to work with clients with _____ if other staff members are concerned about safety.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
8. I would avoid certain tasks with clients with _____.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
9. I think if people act responsibly they will not contract _____.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6

	Hepatitis C						HIV						Other viral STIs: e.g., genital herpes, human papillomavirus (HPV)						Bacterial STIs: e.g., chlamydia, gonorrhoea, syphilis					
10. Clients with _____ tend to have numerous sexual partners.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
11. I believe I have the right to refuse to work with clients with _____ if I feel uncomfortable.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
12. I would rather not come into physical contact with clients with _____.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
13. I believe I have the right to refuse to work with clients with _____ to protect myself.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
14. I would not be comfortable working alongside another provider who has _____.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
15. I think many clients with _____ likely have substance abuse problems.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6

	Hepatitis C						HIV						Other viral STIs: e.g., genital herpes, human papillomavirus (HPV)						Bacterial STIs: e.g., chlamydia, gonorrhoea, syphilis										
<p>16. I believe I have the right to refuse to work with clients with _____ if I am concerned about legal liability.</p>	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6					
	<p>17. I would rather see a client without _____ than a client with this infection for non-STBBI concerns.</p>	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6				
		<p>18. Clients with _____ should accept responsibility for acquiring the infection.</p>	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6			
			<p>19. I worry about contracting _____ from clients with _____.</p>	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6		
				<p>20. I often think clients with _____ have caused their own health problems.</p>	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	
					<p>21. Clients with _____ make me uncomfortable.</p>	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
						1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6

	Hepatitis C						HIV						Other viral STIs: e.g., genital herpes, human papillomavirus (HPV)						Bacterial STIs: e.g., chlamydia, gonorrhoea, syphilis					
22. I would feel uncomfortable knowing one of my colleagues has ____.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
23. I tend to think that clients with ____ do not share the same values as me.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
24. It would be hard to react calmly if a client tells me they have ____.	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6

NOTE that, in collaboration with Dr. Anne Wagner, this tool was adapted from the *Health Care Provider HIV/AIDS Stigma Scale (HPASS)*. For more information on HPASS, refer to Wagner A, Hart T, McShane K, Margoliese S, Girard T. Health care provider attitudes and beliefs about people living with HIV: Initial validation of the health care provider HIV/AIDS stigma scale (HPASS). *Journal of AIDS and Behaviour* 2014;18(12):2397-408.