



# Métis Nation of Alberta

*A strong Métis Nation embracing Métis rights*

(780) 455-2200 | 1-800-252-7553 | [albertametis.com](http://albertametis.com) | [mna@metis.org](mailto:mna@metis.org)  
11738 Kingsway NW | 100 Delia Gray Building | Edmonton, AB | T5G 0X5

---

## **Mental Wellness Coordinator**

**Location:** Métis Nation of Alberta Provincial Office, 11738 Kingsway NW, Edmonton, AB

**Closing Date:** November 20, 2022, or until suitable candidate found.

**Position Status:** Full time (40 hours/week), contract (two-year term with possibility of extension)

## **The Organization**

Since its inception in 1928, the Métis Nation of Alberta (MNA) has governed the Métis within Alberta. The MNA is led by a democratically elected Provincial Council, comprised of a Provincial President, a Vice-President, and six regional Presidents and Vice-Presidents. This Council works toward the mandate of the MNA, supporting practices of transparency, accountability, and inclusiveness for Métis Albertans in governments' policy and decision-making processes. The MNA promotes and facilitates the advancement of Métis people through self-reliance, self-determination, and self-management. For more information about the MNA, visit <http://www.albertametis.com>.

Within the MNA, the Department of Health is responsible for working to improve the health outcomes of Métis citizens. The MNA Department of Health is committed to developing policies and implementing programs and services that result in the betterment of health outcomes for Métis Albertans. We are committed to honoring community priorities and perspectives on health, well-being, and success, and to applying Métis knowledge in all our approaches.

## **The Opportunity**

The Provincial Office of the Métis Nation of Alberta (MNA) Health Department is recruiting for a full-time Métis Mental Wellness Coordinator. Reporting to the Manager of Community Wellness, the Mental Wellness Coordinator will collaboratively facilitate the envisioning, creation, implementation, and evaluation of an MNA Mental Wellness Program. Grounded in Métis culture, history, and trauma informed care, the Mental Wellness Coordinator is a crucial touchpoint in supporting and advancing the wellbeing of Métis Albertans.

## **Key Responsibilities**

- Facilitate the collaborative envisioning of an MNA Mental Wellness Program with members of the Alberta Métis community.
- Develop, implement, and evaluate an MNA Métis Mental Wellness Program.
- Facilitate the implementation and evaluation of the MNA Opioid Recovery Wrap Around Support program.
- Advocate for the mental health and wellness of Métis Albertans.
- Facilitate community engagement and community wellness sessions.

- Collaboratively review, analyze, and synthesize knowledge and data gathered from community engagement sessions.
- Advocate for equitable access of Métis Albertans to programs and services across Alberta.
- Provide Métis cultural competency training to external service providers where appropriate.
- Seek networking opportunities, and build, foster, and maintain relationships with internal and external partners, including critical and collaborative partnerships in academic and health care sectors/organizations.
- Support the dissemination of program and initiative outputs through reports and other knowledge translation products for Métis community and other stakeholders.
- Support community knowledge dissemination and health literacy through community health events.
- Create and submit abstracts, posters, and presentations for national and international conferences.
- Develop relationships with the Métis community with the intent of informing existing and future MNA health programming and services.
- Other tasks as directed.

### **Skills & Competencies**

This position requires a motivated, confident, and driven individual who is passionate about the health and wellbeing of Métis Albertans, has excellent interpersonal skills, and possesses exceptional written and oral communications skills.

- Proven track record of building collaborative partnerships with a variety of internal and external stakeholders, including government, industry, service providers, and community.
- Strong cultural sensitivity and ability to work collaboratively with community members.
- Positive, helpful attitude and an ability to be empathetic and non-judgmental when assisting Métis Albertans.
- Strong interpersonal, verbal, and written communication skills.
- Excellent facilitation skills, including the ability to carry out workshops, community engagements, and public presentations.
- Ability to work effectively in a stressful environment and communicate and respond calmly in difficult situations.
- Ability to be flexible, adaptable, and work independently as well as in a team environment.
- Excellent organizational and time management skills, including the ability to set priorities and allocate time and resources effectively.
- Demonstrated problem solving skills, including the ability to take initiative to complete tasks and projects.
- Ability to provide constructive and positive feedback to others and be able to accept the same.
- An in-depth understanding of the MNA and Métis culture.
- Demonstrated ability to record and maintain confidential client information.
- Ability to produce professional documents, reports, and presentations.

### **Qualifications / Experience**

- Post-secondary diploma or baccalaureate degree in health or social sciences or a related field is preferred; however, equivalent experience will be considered.
- Experience working in mental health and addictions.
- Program development, implementation, and evaluation experience.
- Frontline experience in a client support role is preferred.
- Training in trauma informed care is an asset.

### **Requirements**

- Must be willing to travel within Alberta.
- Availability to work evenings and weekends on occasion.
- Must have a valid class 5 driver's license.
- Acceptable attainment and annual maintenance of a Police Information Check with a Vulnerable Sector Check and an Intervention Record Check is required.

**Apply online today at <http://albertametis.com/careers/>**

Métis applicants are encouraged to apply.

*The Métis Nation of Alberta thanks all applicants for their interest. Only applicants selected for an interview will be contacted. No phone calls please.*

